



Too Late to Change? Reflections on Psychotherapy with the Elderly

Presented by: Marshall Fenster, Ph.D

The Presentation

All psychotherapy is based on the belief in the possibility of change. Is there truth in the saying "you can't teach an old dog new tricks" or is it never too late to change? This Sunday Brunch Symposium will explore this question. We will examine issues of aging such as loss of identity and capacity, loneliness, and facing the inevitability of death. We will address countertransference issues and the effects on the therapist of this type of work. In addition, we will look at psychoanalytic attitudes and approaches to working with the elderly. Although Freud wrote that psychoanalysis should not be attempted with people "near or above the age of fifty", today psychoanalytic practitioners recognize that older adults can definitely benefit from psychoanalytic psychotherapy.

After I present my thoughts, I hope we can have an open discussion and the group can share their thoughts, feelings and experiences. I hope we come to the conclusion that old age is more than a time of loss, decline and stigma and that there is inspiration and wisdom to be gained by working with the elderly.

The Presenter

Marshall S. Fenster, Psy.D., is a Clinical and Forensic Psychologist in private practice in Boca Raton. He served for over ten years on the Advisory Board of FAU's Gerontological Certificate Program and facilitated health related support groups at the Boca Raton Community Hospital. He is currently the President of the Southeast Florida Association for Psychoanalytic Psychology.

Dr. Fenster earned his Doctor of Psychology degree in Clinical Psychology at Yeshiva University. He trained in New York at Kings County Hospital and Downstate Medical Center and went on to serve as Chief of Psychological Services at the Brooklyn House of Detention and teach at Adelphi University.

When

Sunday - 2/11/2018 9:30 AM - 12:30 PM
Brunch Included

Location

Delaire Country Club
4700 Cherry Laurel Lane
Delray Beach, FL 33445
(Home of Barbara Lurie, Ph.D., LMFT)

From I-95: Take the Linton Blvd. exit and head west for two miles. Turn left at Military Trail and continue south on Military Trail for approximately one mile until you reach Live Oak Boulevard. At Live Oak Boulevard turn left into Delaire Country Club. After you pass through the gate, continue around the roundabout, and turn left onto Cherry Laurel Lane. Dr. Lurie's house is the third house on the left.

From Florida Turnpike: Take exit 81: FL -806/Atlantic Ave. and head east after 1.8 miles make a right onto Jog Road. After 1 mile turn left on Linton Blvd. Turn right on S. Military Trail until you reach Live Oak Boulevard. On Live Oak Boulevard turn left into Delaire Country Club. After you pass through the gate, continue around the roundabout, and turn left onto Cherry Laurel Lane. Dr. Lurie's house is the third house on the left.

LEARNING OBJECTIVES

Participants will be able to:

1. List the common psychological issues facing the elderly.
2. Discuss various countertransference reactions to working with the elderly.
3. Describe possible benefits for the therapist of working with the elderly.

CE Credits

This event is offering three (3) CE credits when program is attended in its entirety.

FEE:

Professional Members:	\$35.00
Professional Non-Member:	\$50.00
Student Member:	FREE
Student Non-Member:	\$10.00

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