

Aggression and its Vicissitudes

Presented by
Frank Summers, PhD, ABPP

Saturday, March 12, 2016



The SouthEast
Florida
Association for
Psychoanalytic
Psychology

presents

REGISTRATION

Name: _____
Address: _____
City _____ State _____
Zip: _____
Phone: _____
Email: _____

Please make your check payable to SEFAPP and send it with this form to:

SEFAPP
1238 Block Island Rd
Wellington, FL 33414

Pay online at www.sefapp.org, in the "Events" section via secure PayPal™

NOTE: All checks and online payments must be received by 03/10/2016 for "Early Bird Rates". Registration rates, in most categories, are higher at the door (see below).

Membership Category	Early Bird Rate	Day of Event
Non-Member	\$95	\$110
Member	\$65	\$80
Student non-member	\$15	\$30
Student member	Free	\$15

If you would like to join SEFAPP, or renew, and benefit from the member discount, please add \$90 (or \$60 for Early Career; or \$30 for students with ID)

Total enclosed: \$ _____

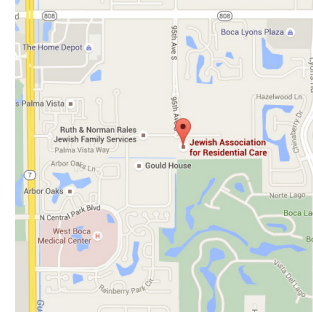
Location

Jewish Association for Residential Care (JARC)
21160 95th Ave South
Boca Raton, FL 33428

Directions:

Via Florida Turnpike

1. take exit 75 for FL-808 toward Glades Rd.
2. Take FL-808/Glades Rd. west for 1.6 miles (signs for US-441).
3. Turn left onto 9th Ave. S
4. Arrive at JARC in .5 miles (21160 95th Ave. S).



Via I95

1. Take exit 45 for FL-808W/Glades Rd.
2. Head west on FL-808/Glades Rd. for 4.6 miles (signs for US-441).
3. Turn left onto 9th Ave. S
4. Arrive at JARC in .5 miles (21160 9th Ave. S).

Continuing Education

Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content.

The Southeast Florida Association for Psychoanalytic Psychology (SEFAPP) is an approved continuing education provider by the Agency for Health Care Administration of the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (BAP #857, expires March 31, 2017).

Three (3) CE credits will be awarded when this program is attended in its entirety

Aggression and Its Vicissitudes

Presented by Frank Summers, PhD, ABPP



WHEN:

SATURDAY - 03/12/2016

9:00 AM - 12:30 PM

8:30 AM REGISTRATION AND CONTINENTAL BREAKFAST

LOCATION:

JEWISH ASSOCIATION FOR RESIDENTIAL CARE (JARC)

21160 95TH AVE SOUTH

BOCA RATON, FL 33428

LEARNING OBJECTIVES

1. At the end of this presentation the audience will be able to describe the classical view of aggression.
2. At the end of this presentation, the audience will be able to describe the Kleinian view of aggression and how it differs or not from the classical position.
3. At the end of this presentation, the audience will be able to describe the contemporary psychoanalytic view of aggression and how it differs or not from the classical position.
4. At the end of this presentation the audience will be able to distinguish among anger, hostility and rage and demonstrate the clinical technique appropriate to each.

SCHEDULE

8:30am – 9:00am	Registration & Continental Breakfast
9:00am – 9:15am	Welcome & Introduction Emily Krestow, Ph.D., LMHC Linda B. Sherby, Ph.D., ABPP SEFAPP Co-Presidents
9:15am - 10:15am	Aggression and Its Vicissitudes Frank Summers, PhD, ABPP
10:15am - 10:45am	Discussion
10:45am - 11:00am	Break
11:00am - 12:00pm	Aggression and Its Vicissitudes Frank Summers, PhD, ABPP
12:00pm - 12:30pm	Discussion
12:30pm	Complete Learning Assessment & Adjourn

SUMMARY

This presentation will focus on the analytic approach to the various iterations of aggressivity, especially as they manifest themselves in the clinical process. While the Kleinians and neo-Kleinians such as Kernberg have emphasized the importance of aggressivity, they have not been clear about the distinctions among anger, hostility, aggressivity, rage, and acts of violence. One purpose of this workshop will be to show the importance of differentiating these different psychic states and the clinical implications of so doing.

After reviewing and critiquing the most prominent psychoanalytic theories of aggressivity, an object relations view of aggression will be advanced that borrows from a variety of theories but is synonymous with none. This theory will then be illustrated with copious clinical cases to demonstrate the importance of distinguishing the various types of aggressivity and to show that each form of aggression requires a different clinical understanding and approach. The prominent role of transcendence in the overcoming of unregulated aggressivity will be highlighted, as well as the role of creativity in the therapeutic action in cases of excessive and unregulated aggression.

Finally, these ideas will be applied to the current wave of mass violence sweeping through the United States and Europe. The ever more frequent anonymous mass shootings perpetrated by American citizens against Americans with whom they typically have no acquaintance raise the troubling question of whether the United States is a culture that facilitates such senseless indiscriminate acts of violence, and, if so, why that is. In this section on applied psychoanalysis, the analytic approach to aggression elucidated in the first part will be used to shed some light on the psychology of Middle Eastern radical and violent groups, such as ISIS. The recent wave of terrorism and the hatred of the West among a growing number of Middle Easterners will be approached from a psychoanalytic perspective using the public pronouncements of the leaders of ISIS and other terrorist groups.

FRANK SUMMERS, PHD, ABPP



Frank Summers, Ph.D., ABPP, is immediate past president of the Division of Psychoanalysis of the American Psychological Association. He is Professor of Clinical Psychiatry and

the Behavioral Sciences of the Feinberg School of Medicine of Northwestern University. Dr. Summers is a supervising and training analyst of the Chicago Institute for Psychoanalysis and the Chicago Center for Psychoanalysis.

He has published four books and won several professional awards including the Gradiva Award for the best psychoanalytic book of 2013, *The Psychoanalytic Vision: The Experiencing Subject, Transcendence, and the Therapeutic Process*.

He is also recipient of the Hans Strupp Award for contributions to psychoanalysis and the Distinguished Educator Award from the International Federation for Psychoanalytic Education. An associate editor of *Psychoanalytic Dialogues* and a member of the editorial board of *Psychoanalytic Psychology*, Dr. Summers is author of three books on object relations theories, more than 60 papers in professional journals and book chapters as well as dozens of presentations and workshops at both national and international meetings. He has also taught psychoanalytic theory and therapy in courses and workshops across the country and internationally. Dr. Summers maintains a private practice of psychoanalysis and psychoanalytic psychotherapy in Chicago, Illinois. A complete list of his publications, presentations, and leadership positions can be found on his website: www.franksommersphd.com