Individualities: How Personality Differences Matter for Psychotherapy
Presented by
Nancy McWilliams, PhD, ABPP

Saturday, November 12, 2016

Location
DoubleTree by Hilton
Executive Meeting Center
4431 PGA Boulevard
Palm Beach Gardens, FL 33410

Directions:
From the South
Take I-95 North to PGA Blvd, Exit 79B. Hotel entrance is 1/4 mile on the right.

From the North
Take I-95 South to PGA Blvd, Exit 79. Hotel entrance is 1/4 mile on the right.

Continuing Education
Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content.

The Southeast Florida Association for Psychoanalytic Psychology (SEFAPP) is an approved continuing education provider by the Agency for Health Care Administration of the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (BAP #857, expires March 31, 2017).

This program, when attended in its entirety, is offered for 6 CE credits.

Please address questions or concerns to Emily Krestow, Ph.D., LMHC at 954-929-4199.

REGISTRATION
Name: ___________________________________________
Address: _______________________________________
City ___________________ State ___________
Zip: _______________________
Phone: _______________________
Email: _______________________

In order to allow us to have the maximum amount of time with Dr. McWilliams and to end at a reasonable time, SEFAPP decided to include a boxed lunch in addition to the continental breakfast in the conference fees.

Please choose one of the following three(3) wraps, one of the sides and one of the drinks. Early registration and ordering would be most appreciated. Check your choices.

- Tuna Salad Wrap in a Whole Wheat Tortilla with Lettuce and Tomato.
- Grilled Chicken Wrap with Alfalfa Sprouts, Marinated Roast Pepper and Provolone Cheese
- Mediterranean Vegetarian Wrap with Feta Cheese and Alfalfa Sprouts

AND,
Choose one of the following:
- DoubleTree Cookie
- Whole Fruit
- Potato Chips
- Potato Salad
- Cole Slaw
- Pasta Salad

AND,
- Soda
- Bottled Water

Please pay online at sefapp.org in the Events section via secure PayPal™

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Appreciating the clinical implications of personality differences has been a central concern for psychotherapists since the early part of the twentieth century. Our patients are unique individuals, with specific, personality-related strengths and weaknesses, and although we may focus on a particular “disorder” that any client describes to us, we understand that problem in the context of the person’s individuality. Ever since the 1980 neo-Kraepelinian revision of the DSM, personality issues have been relegated to a section of “disorder” categories and described by the presence or absence of observable traits. The diagnosis of categorical personality disorder has also been a topic of ongoing controversy.

Dr. McWilliams will discuss the history of the concepts of personality structure and disorder and their relevance to practice, reviewing ten different psychological lenses through which personality has been viewed (temperament, attachment, observed clinical pattern, defensive structure, affective organization, implicit cognition, drive tendencies, self-definition versus self-in-relation orientation, core relational theme, organizing developmental issue). She will comment on the difficulties of the recent DSM-5 task force, whose members attempted (but failed to achieve) a comprehensive revision of our language for, and underlying assumptions about, disorders of personality. She will explore central tensions between research paradigms and clinical paradigms, between trait-based and theme-based conceptions of personality, and between the assumptions underlying the DSM and those underlying the Psychodynamic Diagnostic Manual, now undergoing its first revision. She will comment on the politics of contemporary mental health and give examples of clinical challenges that are usefully faced via an in-depth understanding of a particular client’s personality, whether or not it is “disordered.”