

REGISTRATION

Name: _____

Address: _____

City _____ State _____

Zip: _____

Phone: _____

Email: _____

In order to allow us to have the maximum amount of time with Dr. McWilliams and to end at a reasonable time, SEFAPP decided to include a boxed lunch in addition to the continental breakfast in the conference fees.

Please choose one of the following three(3) wraps, one of the sides and one of the drinks. Early registration and ordering would be most appreciated. Check your choices.

- Tuna Salad Wrap in a Whole Wheat Tortilla with Lettuce and Tomato.
- Grilled Chicken Wrap with Alfalfa Sprouts, Marinated Roast Pepper and Provolone Cheese
- Mediterranean Vegetarian Wrap with Feta Cheese and Alfalfa Sprouts

AND,

Choose **one** of the following:

- DoubleTree Cookie Whole Fruit Potato Chips
- Potato Salad Cole Slaw or Pasta Salad.

AND,

- Soda or Bottled Water

Please pay online at sefapp.org in the Events section via secure PayPal™

Membership Category	Early Bird Rate	Day of Event
Member	\$120	\$140
Non-Member	\$160	\$180
Student member	\$30	\$40
Student non-member with copy of ID	\$50	\$60

If you would like to join SEFAPP, or renew, and benefit from the member discount, please add \$90 (or \$60 for Early Career; or \$30 for students with ID)

If paying by check, make it payable to SEFAPP and send it with this form to:

SEFAPP
765 SE Mt Hood Hwy., #241
Gresham, OR 97080

NOTE: All checks and online payments must be received by 11/9/2016 for "Early Bird Rates". Registration rates are higher at the door (see chart).

Total enclosed: \$ _____

Individualities: How Personality Differences Matter for Psychotherapy

Presented by
Nancy McWilliams, PhD, ABPP

Saturday, November 12, 2016



The Southeast Florida Association for Psychoanalytic Psychology

presents



Location

DoubleTree by Hilton

Executive Meeting Center
4431 PGA Boulevard
Palm Beach Gardens, FL 33410

Directions:

From the South

Take I-95 North to PGA Blvd, Exit 79B. Hotel entrance is 1/4 mile on the right.

From the North

Take I-95 South to PGA Blvd, Exit 79. Hotel entrance is 1/4 mile on the right.



Continuing Education

Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content.

The Southeast Florida Association for Psychoanalytic Psychology (SEFAPP) is an approved continuing education provider by the Agency for Health Care Administration of the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling (BAP #857, expires March 31, 2017).

This program, when attended in its entirety, is offered for 6 CE credits.

Please address questions or concerns to Emily Krestow, Ph.D., LMHC at 954-929-4199.

Individualities: How Personality Differences Matter for Psychotherapy

*Presented by
Nancy McWilliams, PhD, ABPP*

WHEN:

SATURDAY - 11/12/2016

9:00 AM - 4:45 PM

8:30 AM REGISTRATION AND CONTINENTAL BREAKFAST

LOCATION:

DOUBLETREE BY HILTON
EXECUTIVE MEETING CENTER
4431 PGA BOULEVARD
PALM BEACH GARDENS, FL 33410

LEARNING OBJECTIVES

1. To describe the major differences between categorical and inferential/dimensional approaches to conceptualizing personality differences.
2. To differentiate between understanding personality in terms of traits, even conceived as dimensional, versus in terms of intersubjective themes, and to apply that understanding toward a more nuanced formulation of the psychologies of their individual clients.
3. To apply Blatt's analytic-introjective polarity to the improvement of their clinical work.
4. To improve their capacity to diagnose paranoid themes and psychotic-level preoccupations in their patients.
5. To make clinical choices that increase their effectiveness with patients who have personality patterns that reflect particular attachment styles.
6. To develop a psychotherapy style appropriate for each client's level and type of personality structure.

SCHEDULE

8:30am – 9:00am	Registration and Continental Breakfast
9:00am – 9:15am	Welcome and Introduction Emily Krestow, Ph.D., LMHC SEFAPP Co-President
9:15am - 10:45am	Paper and Discussion Nancy McWilliams, PhD, ABPP
10:45am - 11:00am	Break
11:00am - 12:30pm	Paper and Discussion Nancy McWilliams, PhD, ABPP
12:30pm – 1:30pm	Boxed Lunch Included
1:30pm – 3:00pm	Paper and Discussion Nancy McWilliams, Ph.D., ABPP
3:00pm – 3:15pm	Break
3:15pm – 4:45pm	Paper and Discussion Nancy McWilliams, Ph.D., ABPP
4:45 pm	Complete Learning Assessment and Adjourn

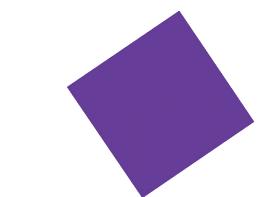
SUMMARY

Appreciating the clinical implications of personality differences has been a central concern for psychotherapists since the early part of the twentieth century. Our patients are unique individuals, with specific, personality-related strengths and weaknesses, and although we may focus on a particular "disorder" that any client describes to us, we understand that problem in the context of the person's individuality. Ever since the 1980 neo-Kraepelinian revision of the DSM, personality issues have been relegated to a section of "disorder" categories and described by the presence or absence of observable traits. The diagnosis of categorical personality disorder has also been a topic of ongoing controversy.

Dr. McWilliams will discuss the history of the concepts of personality structure and disorder and their relevance to practice, reviewing ten different psychological lenses through which personality has been viewed (temperament, attachment, observed clinical pattern, defensive structure, affective organization, implicit cognition, drive tendencies, self-definition versus self-in-relation orientation, core relational theme, organizing developmental issue). She will comment on the difficulties of the recent DSM-5 task force, whose members attempted (but failed to achieve) a comprehensive revision of our language for, and underlying assumptions about, disorders of personality. She will explore central tensions between research paradigms and clinical paradigms, between trait-based and theme-based conceptions of personality, and between the assumptions underlying the DSM and those underlying the Psychodynamic Diagnostic Manual, now undergoing its first revision. She will comment on the politics of contemporary mental health and give examples of clinical challenges that are usefully faced via an in-depth understanding of a particular client's personality, whether or not it is "disordered."

NANCY MCWILLIAMS, PHD, ABPP

PRESENTER



Nancy McWilliams, Ph.D., ABPP, teaches at Rutgers University's Graduate School of Applied & Professional Psychology and practices in Flemington, New Jersey. Author of Psychoanalytic Diagnosis (1994, rev. ed. 2011), Psychoanalytic Case Formulation (1999), and Psychoanalytic Psychotherapy (2004), and associate editor of the Psychodynamic Diagnostic Manual (2006; rev. ed. forthcoming in 2016), she is a former president of Division 39 (Psychoanalysis) of the American Psychological Association. She is one of three psychotherapists chosen by APA Press (2011) to be videotaped for purposes of training in a comparison and contrast of major psychotherapeutic approaches.

