See, Hear, and Feel the Bodies in the Room: Working with Embodied Trauma for Members Only

Presented by
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“The ego is first and foremost a body ego…” (Freud, 1923).

Our patients’ bodies are sources of infinite communication to which we may or may not be attuned. In this presentation, participants will first be encouraged to reflect upon and discuss ways that they know and do not know their patients’ experiences of their bodies. While psychoanalysis gives much attention to the patient’s intrapsychic life and external world, the body, an actual membrane between these dimensions is often overlooked.

The presentation and following discussion will consider specific developmental disruptions that may result in embodied trauma including presentations of Body Dysmorphic Disorder (BDD). Clinical material will highlight processes of early dyadic communications that result in patterns of disconnection and distortion that become located painfully in a realm that exist inside and outside of perceptions of reality. Participants should come ready to share and explore their own clinical examples.

FEE: $150 (lunch included)
Note: Participants who attend both this Members Only Seminar and the Saturday Presentation will pay a reduced fee of $175 which must be paid in advance.

Pre-registration is required to attend this event. Seats are limited to 25 SEFAPP Members.

Visit sefapp.org/events to Register for Sunday