THE SOUTHEAST FLORIDA ASSOCIATION FOR PSYCHOANALYTIC PSYCHOLOGY
A LOCAL CHAPTER OF DIVISION 39 (PSYCHOANALYSIS) OF THE AMERICAN PSYCHOLOGICAL ASSOCIATION
PRESENTS:

Aging and Limitation: Clinical Reflections
Presented By: Nancy McWilliams, Ph.D.
Saturday, January 26, 2019
9:00am—5:30pm
Registration: 8:30am - 9:00am with Continental Breakfast
Embassy Suites by Hilton - Boca Raton
661 NW 53rd Street, Boca Raton, Florida, 33487
FOR MORE INFO: www.sefapp.org
6 CE Credits Offered

PRESENTATION
This workshop will focus on issues of mortality and human limitation as they affect both therapist and patient in the clinical process. Dr. McWilliams will explore issues of aging in the therapist, including practical and ethical challenges for those of us facing the diminishments of later life (e.g., cognitive decline, hearing loss, diminution of energy). She will also note some clinical advantages of being an elderly therapist (e.g., breadth of knowledge, wisdom, humility, sense of proportion, increased compassion), drawing attention, in this context, to the difference between knowledge and wisdom. She will address aging in patients, including issues of diagnosis and treatment, with special reference to the section on “Later Life” in the second edition of the Psychodynamic Diagnostic Manual – the only international classification system that includes attention to the elderly. Finally, she will highlight, in work with patients of any age, the therapeutic benefits of acknowledging and mourning limitation. The emphasis throughout will be on clinical applications of the material; clinical vignettes will illustrate the concepts considered. Two case presentations of patients in later life will be addressed in depth, with ample opportunity for audience participation in the discussion.

THE PRESENTER
Nancy McWilliams, Ph.D. teaches at Rutgers University’s Graduate School of Applied & Professional Psychology and has a private practice in Lambertville, NJ. She is author of Psychoanalytic Diagnosis (1994; rev. ed. 2011), Psychoanalytic Case Formulation (1999), and Psychoanalytic Psychotherapy (2004), all with Guilford Press. She has edited, coauthored, or contributed to several other books, and is Associate Editor of the Psychodynamic Diagnostic Manual (2006; 2nd ed. 2017). A former president of the Division of Psychoanalysis (39) of the American Psychological Association, she is on the editorial board of Psychoanalytic Psychology. Dr. McWilliams is a graduate of the National Psychological Association for Psychoanalysis and is also affiliated with the Center for Psychotherapy and Psychoanalysis of New Jersey. Awards include the Gradiva prize (1999), the Goethe Scholarship Award (2012), the Rosalee Weiss award for contributions to practice (2004), the Laughlin distinguished teacher award (2007), the Hans Strupp Award for teaching, practice and writing (2014), and the Division 39 awards for both Leadership (2005) and Scholarship (2012). She has given commencement addresses for the Yale University School of Medicine and the Smith College of Social Work. The American Psychological Association chose her to represent psychoanalytic therapy in a 2011 remake of the classic film, “Three Approaches to Psychotherapy.” Her writings have been translated into twenty languages.

LEARNING OBJECTIVES
After this workshop, participants will be able to:
1. Articulate three common professional misconceptions about working with elderly patients.
2. Explicate the different life tasks for individuals who are respectively “young old” (ages 55-64), “middle old” (65-74), “old old” (75-84), and “oldest old” (85+).
3. Use the “Later Life” section of the Psychodynamic Diagnostic Manual (Guilford, 2017) to conceptualize central psychological issues in elderly patients.
4. Identify three professional challenges that confront aging therapists.
5. Discriminate conceptually between knowledge and wisdom.
6. Describe the relationship between limitation, mourning, maturation, and recovery from depression.

PRE-REGISTRATION IS BOTH ENCOURAGED AND APPRECIATED
NOTE: All checks and online payments must be received by 1/21/19 for “Early Bird Rates.”

CONTINUING EDUCATION
This program, when attended in its entirety, is offered for six (6) CE credits.

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<th>MEMBERSHIP CATEGORY</th>
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