



# Aging and Limitation: Clinical Reflections

Presented By: Nancy McWilliams, Ph.D.

Saturday, January 26, 2019

9:00am—5:30pm

Registration: 8:30am - 9:00am with Continental Breakfast

Embassy Suites by Hilton - Boca Raton  
661 NW 53rd Street, Boca Raton, Florida, 33487

FOR MORE INFO: [www.sefapp.org](http://www.sefapp.org)

6 CE Credits Offered



## PRESENTATION

This workshop will focus on issues of mortality and human limitation as they affect both therapist and patient in the clinical process. Dr. McWilliams will explore issues of aging in the therapist, including practical and ethical challenges for those of us facing the diminishment of later life (e.g., cognitive decline, hearing loss, diminution of energy). She will also note some clinical advantages of being an elderly therapist (e.g., breadth of knowledge, wisdom, humility, sense of proportion, increased compassion), drawing attention, in this context, to the difference between knowledge and wisdom. She will address aging in patients, including issues of diagnosis and treatment, with special reference to the section on “Later Life” in the second edition of the *Psychodynamic Diagnostic Manual* – the only international classification system that includes attention to the elderly. Finally, she will highlight, in work with patients of any age, the therapeutic benefits of acknowledging and mourning limitation. The emphasis throughout will be on clinical applications of the material; clinical vignettes will illustrate the concepts considered. Two case presentations of patients in later life will be addressed in depth, with ample opportunity for audience participation in the discussion.

## THE PRESENTER

Nancy McWilliams, Ph.D. teaches at Rutgers University’s Graduate School of Applied & Professional Psychology and has a private practice in Lambertville, NJ. She is author of *Psychoanalytic Diagnosis* (1994; rev. ed. 2011), *Psychoanalytic Case Formulation* (1999), and *Psychoanalytic Psychotherapy* (2004), all with Guilford Press. She has edited, coauthored, or contributed to several other books, and is Associate Editor of the *Psychodynamic Diagnostic Manual* (2006; 2<sup>nd</sup> ed. 2017). A former president of the Division of Psychoanalysis (39) of the American Psychological Association, she is on the editorial board of *Psychoanalytic Psychology*. Dr. McWilliams is a graduate of the National Psychological Association for Psychoanalysis and is also affiliated with the Center for Psychotherapy and Psychoanalysis of New Jersey.

Awards include the Gradiva prize (1999), the Goethe Scholarship Award (2012), the Rosalee Weiss award for contributions to practice (2004), the Laughlin distinguished teacher award (2007), the Hans Strupp Award for teaching, practice and writing (2014), and the Division 39 awards for both Leadership (2005) and Scholarship (2012). She has given commencement addresses for the Yale University School of Medicine and the Smith College of Social Work. The American Psychological Association chose her to represent psychoanalytic therapy in a 2011 remake of the classic film, “Three Approaches to Psychotherapy.” Her writings have been translated into twenty languages.

## LEARNING OBJECTIVES

 After this workshop, participants will be able to:

1. Articulate three common professional misconceptions about working with elderly patients.
2. Explicate the different life tasks for individuals who are respectively “young old” (ages 55-64) “middle old” (65-74), “old old” (75-84), and “oldest old (85+).
3. Use the “Later Life” section of the *Psychodynamic Diagnostic Manual* (Guilford, 2017) to conceptualize central psychological issues in elderly patients.
4. Identify three professional challenges that confront aging therapists.
5. Discriminate conceptually between knowledge and wisdom.
6. Describe the relationship between limitation, mourning, maturation, and recovery from depression.

### PRE-REGISTRATION IS BOTH ENCOURAGED AND APPRECIATED

NOTE: All checks and online payments must be received by 1/21/19 for “Early Bird Rates.”

## CONTINUING EDUCATION

This program, when attended in its entirety, is offered for six (6) CE credits.

SEFAPP is an approved continuing education provider by the Agency for Health Care Administration of the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (BAP #587, expires March 31, 2019). Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content. Division 39 is committed to accessibility and non-discrimination in its continuing education activities. SEFAPP and Division 39 are committed to conducting all activities in conformity with the American Psychological Association’s Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to (954) 597-0820.

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MEMBERSHIP CATEGORY	EARLY BIRD RATE	DAY OF EVENT RATE
	BEFORE 1/21/2019	AFTER 1/21/2019
MEMBER	\$120	\$140
NON-MEMBER	\$160	\$180
STUDENT MEMBER VALID STUDENT I.D. REQUIRED	\$30	\$40
STUDENT NON-MEMBER VALID STUDENT I.D. REQUIRED	\$50	\$60