

THE SPONSOR

The Southeast Florida Association for Psychoanalytic Psychology (SEFAPP) is a local chapter of the Division of Psychoanalysis (39) of the American Psychological Association.

SEFAPP is a multi-disciplinary group dedicated to furthering the study and application of broad-based psychoanalysis, psychoanalytic psychotherapy and the methods of psychoanalytic inquiry through the sponsorship of conferences, symposia and workshops on clinical issues, theoretical papers and ongoing research by SEFAPP members and recognized experts in the field.

Members can attend SEFAPP Scientific Meetings, the Annual All-Day Conference, the Symposium Brunch Series and the film Study Series at reduced fees and post their professional news, events and classifieds for free on our online "Members Area". Members receive a free subscription to our quarterly newsletter *Psyche & Sol* and the opportunity to submit articles. The new online Membership Directory allows members a further resource for referrals and professional connections.

For more information please contact:

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101 Mint Hill Drive, Cary, NC 27519

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Website: www.sefapp.org

CONTINUING EDUCATION CREDITS

SEFAPP is an approved continuing education provider by the Agency for Health Care Administration of the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (BAP #587 EXP. 3/2014). **This program, when attended in its entirety, is offered for 3 CE credits.** Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content. Division 39 is committed to accessibility and non-discrimination in its continuing education activities. SEFAPP and Division 39 are committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to Lisa Schulman, Ph.D. at (561) 844-1050.

A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll free within the state - (800) 435-7352.

The risks, utility and limitations of this treatment will be covered during the talk. The presenter is not receiving commercial support, nor representing any commercial interest or recommending any commercial product in relation to their presentation.

Southeast Florida Assn. for Psychoanalytic Psychology
(SEFAPP)

Admin. Office:
101 Mint Hill Drive
Cary, NC 27519



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A CONTEMPORARY PSYCHOANALYTIC APPROACH TO THE FORMATION AND UNDERSTANDING OF DREAMS

Mark J. Blechner, Ph.D.

SATURDAY,
NOVEMBER 16, 2013



Memorial Regional
Hospital
Hollywood, FL

A Contemporary Psychoanalytic Approach to the Formation and Understanding of Dreams

Saturday, November 16, 2013

Name: _____

Address: _____

City, State: _____

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Please make your check payable to SEFAPP and send it with this form to:

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NOTE: All checks and online payments must be received by 11/14/13 to avoid late fee. Registration at the door is an additional \$15 in each category.

- SEFAPP Members: \$65
- Non-SEFAPP Members: \$95
- Student SEFAPP Members: FREE
- Student Non-Members: \$15 (with copy of student ID)
- MEMORIAL HEALTHCARE EMPLOYEES - FREE**
- If you would like to join SEFAPP and register for the conference at the discounted member's rate, please mark this box and add \$90 (\$30 for students w/ ID)

TOTAL ENCLOSED \$ _____ *

* Includes Continental Breakfast
Refund Policy - Refunds will be made upon written request until event date. No refunds will be made after event date.

THE PRESENTATIONS

INSTRUCTIONAL LEVEL: INTERMEDIATE

There have been substantial changes since Freud's landmark formulations in the psychoanalytic understanding of dreams, the theory of dream formation, and how to work with dreams. Since we know that dreams occur regularly throughout the night, we no longer need to assume a single explanation for why we dream, any more than we would want a single explanation for why we think while awake. Substantial dream understanding can be achieved without any associations, although associations can be helpful in interpreting certain dream elements. Dreams can often be understood as metaphors of the analytic treatment situation. Many dreams are not very disguised; dream censorship occurs not when we create the dream, but when we try to understand our own dream. Some but not all dreams work like a rebus. These principles change the way we think about dreams and work them clinically, as will be shown in several examples. The importance of group work with dreams will also be discussed. A dream will be presented, and we will all take part in a group analysis of the dream to illustrate the principles of contemporary dream interpretation.

THE PRESENTER

Mark J. Blechner, Ph.D. is a psychologist and psychoanalyst in New York City. Along with fifty articles and book chapters, he has published three books: Hope and Mortality (1997), The Dream Frontier (2001) and Sex Changes: Transformations in Society and Psychoanalysis (2009). At the William Alanson White Institute, he is Training and Supervising Psychoanalyst. He is the Editor Emeritus of the journal Contemporary Psychoanalysis. As Founder and Director of the White Institute's HIV Clinical Service (1991-2001), he led the first psychoanalytic clinic devoted to working with people with AIDS, their relatives, and caregivers. Dr. Blechner has taught at Columbia University, Yale University, and New York University.

THE SCHEDULE

- 8:30 am to 9:00 am Registration and Continental Breakfast
- 9:00 am to 9:15 am Welcome and Introductions
Len Ferrante, Psy.D., NCSP
President
- 9:15 am to 10:30 am **Presentation Part 1**
Mark Blechner, Ph.D.
- 10:30 am to 10:45 am Discussion
- 10:45 am to 11:00 am Break
- 11:00 am to 12:15 pm **Presentation Part 2**
Mark Blechner, Ph.D.
- 12:15 pm to 12:30 pm Open Discussion
- 12:30 pm Complete Evaluation Forms and Adjourn

THE LEARNING OBJECTIVES

After attending this program in full, participants will be able to:

- 1) Acquire knowledge about the history of the psychoanalytic theory of dreaming and dream analysis;
- 2) Learn about changes in the understanding of dream formation from experimental neuroscientific studies and clinical work with dreams;
- 3) Obtain new knowledge about how dreams can be understood and worked with in clinical treatment;
- 4) Learn about the principles involved group dream work and acquire first-hand experience in participating in such a group.

THE LOCATION

Memorial Regional Hospital
Auditorium A, B, C & D

3501 Johnson Street,
Hollywood, FL 33021
(954) 987-2000 ♦ www.mhs.net

From I-95: Take the Hollywood Blvd. exit. Go west on Hollywood Blvd. .7 miles to N 35th Avenue. Make a right turn onto 35th Ave. Go .4 miles to Johnson St. Go half block past Johnson Street. The Hospital is on the left (west) side of the street.

Parking: Look for a canopy that reads: "Memorial Medical Office Centre, 1150 NW 35th Ave." Parking garages for visitors are on the north side of the hospital.

To the Auditoriums: Enter using the main entrance of the hospital, across the street from the parking garages. Once in the hospital, walk straight ahead to the security desk for directions to the auditorium. Auditorium is around the corner to the right from the security desk.

